



Health & Wellness

The Boston Summer Learning Project (SLP) is partnering with [Boston Moves for Health](#) to track students' physical activities during summer programming. With the continuing high rates of obesity in young children, this Boston Moves for Health initiative supports healthy eating and physical activity for the city's youth. During the summer, SLP sites record the types of physical activities students participate and the activity's duration. At the end of the summer, Boston Moves for Health will analyze the activities, calculating the number of steps taken at each site, and then report back how many miles students logged this summer during the Summer Learning Project.

Connect with us on [Facebook](#), [Twitter](#), and our [Blog](#)!

FEATURED SUMMER SITE:

The logo for Tenacity, featuring the word "TENACITY" in white, bold, uppercase letters on a solid orange rectangular background.



(A student from Courageous Sailing/Boston Family Boat Building's SLP site rows on Jamaica Pond. Photo courtesy of Margery Bradshaw)

of [Boston Family Boat Building](#).)

Some activities students have completed this summer include:



High ropes course

Gardening
Basketball
College tours
High ropes course
Pool aerobics
Tennis
Hiking
Obstacle courses
Swimming
Canoeing
Kickball
Scavenger hunts

(Students at the YMCA SLP site pause for a photograph during a nature hike.)

Spotlight:

Tenacity, Jackson/Mann K-8 & Winship Elementary School

Essential Question: What does it mean to be healthy?

Beginning its first year at the Jackson Mann, the Tenacity Summer Learning Program combines rich academics with an engaging tennis program. During the morning, students research the human body with guidance from dedicated and encouraging teachers. During the afternoon, students head outside for team building games, skill building activities and tennis drills from experienced tennis coaches.

REMINDERS

Student Progress Reports | Due: Last day of programming

- Progress reports will be shared with principals of each child's home school in the fall. They will be used for instructional purposes during school year 2014-15.
- **To submit reports**, please EITHER email both David (dmcauley@bostonbeyond.org) and Arianna (amiliotis@boston.k12.ma.us) with the best date/time for us to pick up the forms at your site OR drop off the forms on the 5th floor of BPS Central Offices at 26 Court Street. Please email Arianna if you plan to drop them off, as we are able to arrange for someone to come to the lobby and retrieve them if that is easier for you.

Student Attendance | Due: Daily

- To accurately reflect levels of student participation, which will play a critical role in evaluating the effectiveness of summer learning

BPS-Employee Hours | Due: Daily

- To ensure payroll proceeds efficiently through Boston Public Schools

Health & Wellness tracker | Due: Weekly

- To track physical activities at sites

SAYO observations (completed by teachers and staff) When: Final Week of Programming

- To measure skill gain (initiative, communication, engagement in learning, relationships with adults)



This summer students at Tenacity sites are exploring the inner workings of the human body and what it means to be healthy. Students visited the Museum of Science for an educational field trip. While at the museum, three students noticed a museum staff member standing next to a human body model. The three students were fascinated with the model and were able to name systems and point out body parts. These students were able to move the different parts around giving them the opportunity to put the body together while discussing the importance of all the different parts and how they all work together to keep you healthy.

"It was truly great to see the children bring what they learned in the classroom into their outside, real life environments," noted Ashley Currie, the Site Coordinator for the Jackson-Mann/Tenacity site. A student reflected on her experience at the museum, saying, "I learned that the right lung has 3 parts and left side has 2 parts. The right lung is bigger because it covers the heart."

and peers) and compare to a statewide sample

Youth survey | When: Final week of programming

- To capture impressions of programming based on program quality domains

SUMMER SPOTLIGHT FAST FACTS:

Non-Profit:

Tenacity (3 SLP sites)

Schools:

Dever Elementary, Guild Elementary, Jackson/Mann K-8, McKay K-8, Otis Elementary, Umana Academy, Winship Elementary

Students:

104 students entering 4th grade in Fall 2013

Staffing:

14 BPS teachers and Tenacity staff

Programming:

Partnership will offer 163 hours of programming at each site this summer.

If you have any questions, comments, or ideas for future updates

please contact David McAuley at dmcauley@bostonbeyond.org.